Free and Low Cost Mental Health Resources

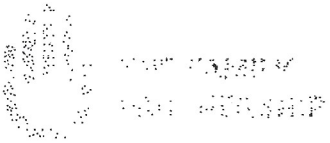
GENERAL MENTAL HEALTH

Walk-In Counseling Center

Free counseling offered via zoom in English, Spanish, and Hmong
Phone: 612-870-0565
Website: www.walkin.org

Hamm Clinic

Sliding fee counseling via TeleMental Health
Phone: 651-224-0614
Website: www.hammclinic.org



The Family Partnership

Remote counseling in English, Spanish, Hmong ,and Creole
Phone: 612-728-2061
Website: www.thefamilypartnership.org

Wilder Foundation

Counseling and Addiction assistance via telehealth
Phone: 651-280-2310
Website: www.wilder.org

COMMUNITY FOCUSED RESOURCES

CLUES

Mental health and other resources for Latino families
Phone: 651-768-0000
Website: www.clues.org

NACC

Mental health resources for Native American families
Phone: 612-872-8086
Website: www.nacc-healthcare.org/

Prepared by Minneapolis Working Partnerships and St. Paul Labor Studies Resource Center
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